

Ashford A.C Risk Assessment Covid 19 Risks

Hand Washing – follow and promote Public Health Guidelines issued by Government

Project or Activity	Outdoors Training / risk of Covid-19		
Brief description of work	Coaching Sport Activities outdoors considering risk of Covid-19. All Ages		
Location(s)	Outdoors Julie Rose Stadium		
Assessed by (name and job title)	<i>Jacqi Snare</i> UK LEVEL 3 COACH	Covid 19 Officer : Donna Parrott /Jacqi Snare/Stella B	
Date of Assessment	12/9/2020		
Checked by (name and job title)	UK Coach Helen		
Date of Check	12/9/2020		

What is the task or activity taking place?	What are the hazards? (Think about the location, the activity, the people involved)	Who might be harmed and how?	What are you / Ashford A.C already doing to reduce the likelihood of this happening?	What else do you need to do to manage this risk?	Action by who and when?	Risk level after actions taken (Negligible / Low / Medium / High / Unacceptable)	Done / Ongoing
Coaching athletics outdoors 1 x Qualified UK coach to 10 Athletes	Need to stick to social distancing at all times. Risk of not sticking to this if walking on narrow footpaths or pavements.	Young person and Coach and their families/household members. Risk of catching Covid-19 – potentially leading to serious illness or death.	Speaking to young person and their family (if appropriate) in advance, and discussing the importance of sticking to social distancing, while meeting. Social Distancing – follow and promote Public Health Guidelines issued by Government. Keep your 2-metre distance away from each other at all times. Exercise alone or with one other person (i.e. 2 people from the same household, or 10 people from different households).	Consider venue each time we meet and coach the athletes. To meet in places where social distancing is easiest to stick to and where confidential To consider bringing a blanket if we are sitting outdoors, and asking the young person to do the same.	Leading Coach	Medium	Ongoing

<p>Each coach must Write down training Schedule /Equipment</p>	<p>Safety measures put in place. Preparation 2metres apart</p>	<p>Athletes /Coach</p>	<p>Ensuring confidentiality /considering social distancing. Coaches to be aware of this and to consider nature of conversations</p>	<p>To discuss in advance with young person and family (if appropriate)</p>	<p>Leading Coach</p>	<p>Low</p>	<p>Ongoing</p>
<p>Parents allowed only on grass right of track social distancing at all times</p>	<p>Risk of staff member, members of their household and young person and members of their household having symptoms of Covid-19</p>	<p>Young person and Coach, and their families/household members. Risk of catching Covid-19 – potentially leading to serious illness</p>	<p>Ongoing discussions with Coach’s and young people and their families (if appropriate) to not meet if anyone in either household has symptoms. To ensure we stick to government guidelines and follow 14 day period of isolation.</p>	<p>Keep up to date with ever-changing government guidelines around recovery</p>	<p>Leading Coach Covid 19 Officer</p>	<p>Low</p>	<p>Ongoing</p>
<p>USE OF LANES 2 to 8</p> <p>Equipment used</p> <p>Use Personal cones only ‘.</p>	<p>Need to consider PPE – gloves, facemasks, anti-bac gel. Warn people to minimise or avoid touching outdoor surfaces such as Handrails by the track (or elsewhere) and to minimise touching door handles or indoor surfaces. All gates will be situated in the open position to avoid touching. Warm up exercises and stretches will not be permitted by using the railings / track stand.</p>	<p>Young person and Coach and their families/household members. Risk of catching Covid-19 – potentially leading to serious illness</p>	<p>Considering appropriate measures to reduce risk. For coach / member to have anti-bac hand gel and to provide this to young person, if necessary. To wash hands both before and after, meeting the young person. To consider need for gloves and face masks on a case-by-case basis, dependent on where meeting will take place and the activity involved. To discuss this with young person and family in advance.</p>	<p>Only coach allowed to pick up and move cones</p> <p>-----</p> <p>Anti bac before and after use</p>	<p>Coach Covid 19 Officer</p>	<p>Low</p>	<p>Ongoing</p>

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To keep a record of athletes coaches	Keep an eye on athletes for Covid 19 tracking purposes	Warn coaches, staff and others that, if they have any of the following health conditions, they are clinically vulnerable (meaning they are at higher risk of severe illness from coronavirus) and they are advised to stay at home as much as possible, but, if they do go out, to take particular care to minimise contact with others outside their household.	Covid 19 officer To keep diary of all athletes and coaches on each training session .BACS Payment to Kate AAC finance admin	Questionnaire medical update weekly	AAC Covid 19 officer		Ongoing
Ratio One coach to 10 athletes ----- Entering Stadium /Exit Stadium	Social distancing at all times. ----- Arrival /Departure Entrance down pathway 15 minutes interval before and after each slot	Young person and their families/household potentially leading to serious illness	To ensure we have anti-bac hand gel, to wash hands regularly, to use gloves if appropriate. Social distancing at all times Medical Covid 19 form complete by athletes	To avoid sharing equipment and touching the same materials as the Athlete.	. coach Covid 19 Officer	Low	Ongoing