

Barry Watson

Barry Watson is a new coach at AAC who brings with him a wealth of expertise.

Britain sent 261 athletes to Canada for the Montreal Olympics in 1976. One of those was Barry. After having won the AAA Marathon Olympic Trial in 1976 in 1hr 15.08 he became the British Champion and then ran in the Montreal Olympics. Unfortunately many of the athletes were ill with flu, including Barry and he finished 45th in a time of 2hrs18 minutes.

However, he went on to take first place in the Glasgow and Paris Marathons, 2nd place in Korea, where he beat several Olympians, 2nd in the Stockholm Marathon and 2nd in the half Marathon Champs in Belgium with a time of 63.36.

Barry continued to compete and took 1st place in the London Marathon in 1984 in the Over 40 age group, 1st place in 1988 again in the London Marathon for the over 45 age group and again took 1st place in London in 1990 for the Over 45 age group.