

## **Chas Robinson**

Joined AAC in 1976, helping Ted Hawkins and Bill Goodman coach juniors (sprinting and hundreds of "on your marks, set, go!")

2 years as Men's team manager, followed by 3 years as Women's team manager (took over from Bill Goodman and with his help and advice, saw the team go from Div 3 of the SWL to Div 1 in successive seasons)

Around 1980 started to learn about hurdles coaching (lots of advice from Fred Allen of Bracknell AC), and then became more heavily involved with coaching.

Suffered a major stroke in 2002 which left me less mobile but still enjoying athletics.